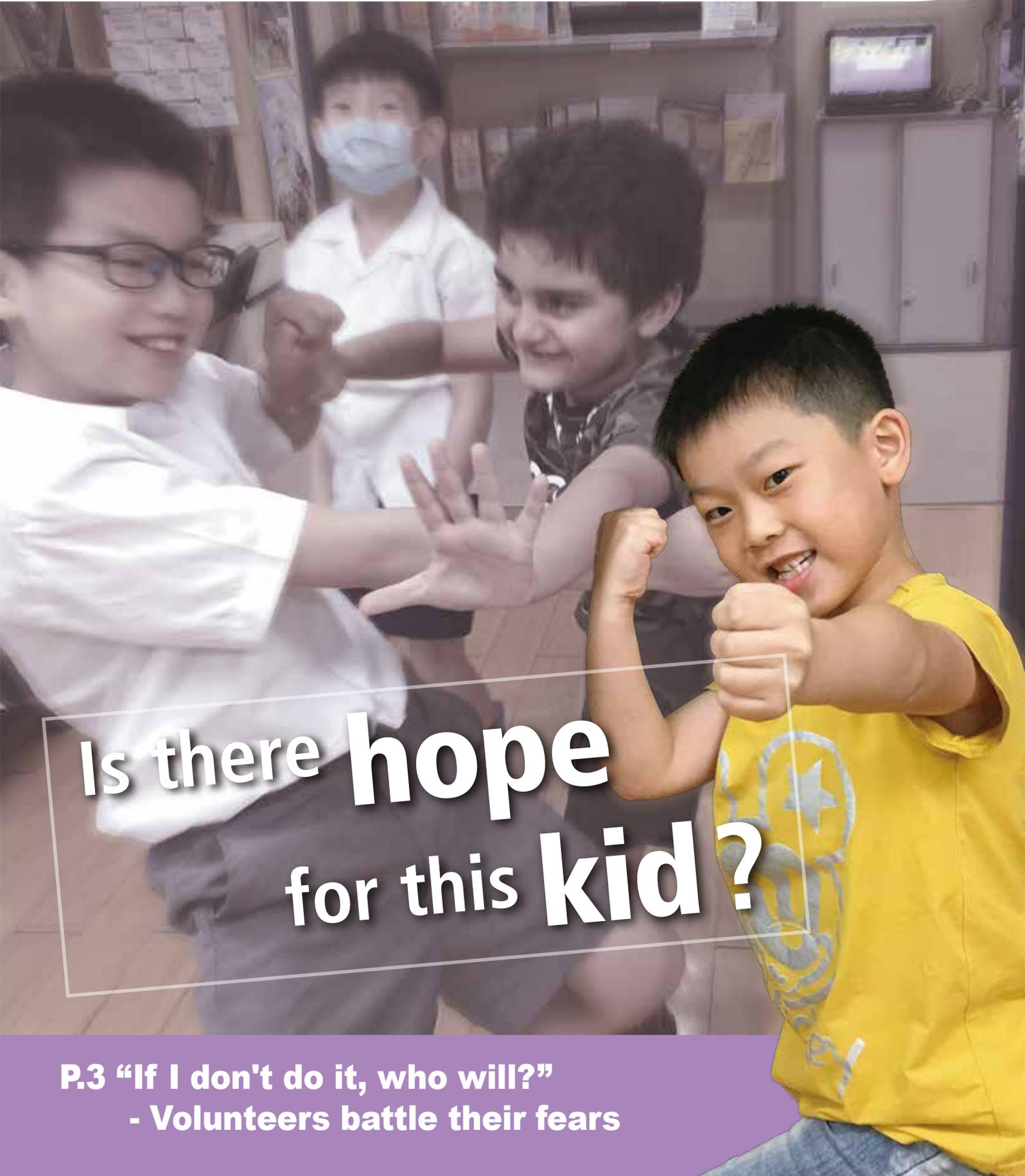


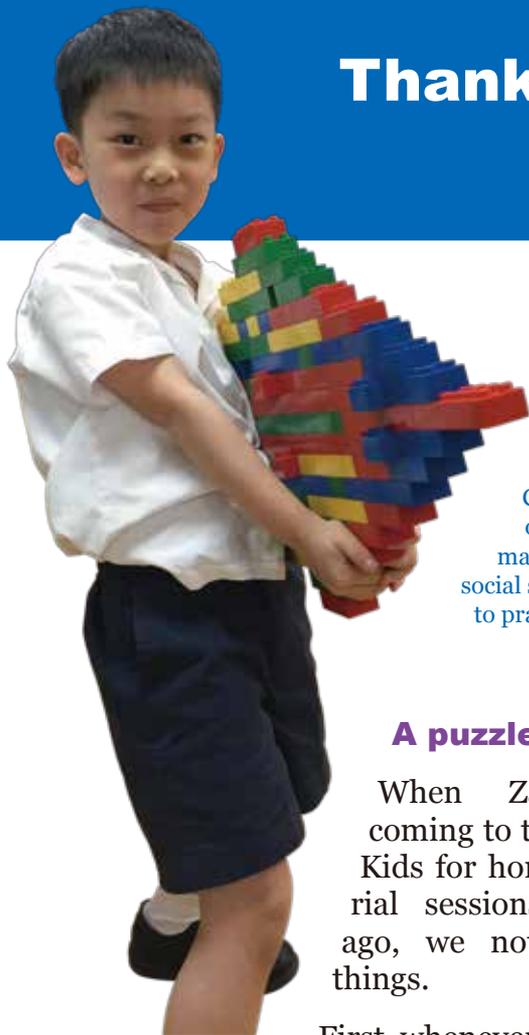
The hope you are bringing. The lives you are changing.



Is there **hope**  
for this **kid?**

**P.3 "If I don't do it, who will?"  
- Volunteers battle their fears**

# Thanks to You, the Answer is a Resounding “YES!”



After being at the Centre for Kids for one year, Zack has made friends, gained social skills, and learned to practice self-control.

## A puzzle to us

When Zack started coming to the Centre for Kids for homework tutorial sessions two years ago, we noticed several things.

First, whenever he arrived at the centre, he was always sweaty.

In class, he ran around in circles.

More disturbing to us was that he didn't know how to get along with other kids.

When kids asked him if he wanted to play, he did not answer. If he did answer, he would only say “I don't want to.” If he wanted a toy that someone else was playing with, he simply grabbed it.

## Puzzle solved - partially

Over time, as we worked with and observed him, we noticed that Zack exhibited symptoms consistent with children who have special educational needs. We communicated this concern to Zack's father and recommended that he talk with the school about it. Zack was eventually officially diagnosed with Attention Deficit Hyperactivity Disorder and began to receive some medical intervention and also help during school hours.

However, the bigger challenge for Zack and his father was when the school day ended. Fortunately, because of your donations in the past, the HOPE *worldwide* Centre for Kids was there to help Zack. Everyday after school, staff and volunteers at our homework tutorial sessions

helped Zack with his homework and also with his social skills and self-control. We focused on teaching him to respect others and gave him a quota on the number of “I don't want tos” that he could say. Sometimes when Zack refused to do homework or revision, we insisted that he do them but gave him choices on what he could do.

## A very different picture

In just one year, Zack has made great improvements! He has learned to get along with others. Every day before class, he and his friends build amazing Lego structures together. Now Zack consistently completes his homework, often with time to spare. In the spring, he and three other kids decided to use the spare time to do revisions before playing. As a result, all their grades improved significantly! We, along with their parents, were greatly encouraged!

One day as Zack's father picked him up from the centre, he said, “I really trust you and the Centre for Kids!” This meant so much to us. We know one thing - without your donations and support, Zack could not have changed. **You have given hope to a boy and his family to dream a very different future. Thank you!**



We rejoice with Zack and his three friends for making great progress academically this spring. Thank you for supporting the Centre for Kids, which provides an encouraging community for Zack and his family.

# “If I Don’t Do It, Who Will?”

This was the thought that ran through Eddie’s mind as he stared at the home of an elderly woman on this past Volunteers for Seniors Day.

But not before some pretty serious struggles.

## No ordinary cleaning case

Eddie and his volunteer group were assigned to clean the home of an elderly woman on January 20th. He thought that they would just be doing some dusting, mopping, and (at the most) some cleaning of the glass in the windows.



But this was the scene that greeted him when he arrived at the home - bags containing who-knows-what were all over the place. Cockroaches were running around. The rest of the house could be described with just one word – black.

The ceiling, the floor, the walls, the pile of stuff in the corner, the kitchen, the bathroom--uncleaned

for so many years--had all turned black.

The elderly woman, though in relatively good health, was visibly in low spirits (and who wouldn't be if one were living in a flat such as this?).

Everyone in the group took a deep breath, got up the courage and went to work.

## Transforming an apartment

They spent five hours scrubbing the floor, the walls, the bathroom, the kitchen, a door, and whatever they could tackle. When it became late in the day and there was still much to be done, they called in another group to help.



On Volunteers for Seniors Day 2019, this group of young people had to overcome their fears in order to clean up an elderly woman’s home. Their service touched her heart and changed her life.

After hours of hard work and many buckets of dirty, black water dumped away, retro style floor tiles began to emerge. The door which the volunteers thought was a dark brown colour started to show that it was actually a soft shade of silver. Eddie and his friends began to see light shining into the apartment.



Light finally shone into the home of the elderly woman after hours of hard work by the volunteers.

## Changing a life

As the volunteers packed up to leave, the elderly woman shed tears of joy, relief and gratitude. She told them that for many years, she had been despised by her neighbours for having a messy, dirty, and smelly house. She said that though other volunteer groups had come before, they were all scared away by such a tremendously challenging job. Eddie and his group were the only volunteers who actually rolled up their sleeves and made a life-changing difference for her.

Sometimes we just have to ask ourselves, “If I don’t do it, who will?”

## Your Kindness Can Change Lives

By supporting HOPE *worldwide*, you can change a child's potential and future through the Centre for Kids. You can help an elderly person live with dignity through elderly service programmes such as Volunteers for Seniors Day and fall prevention road shows. Spread your kindness. Give a donation today by making your cheque out to "HOPE *worldwide*" and post it to

1-6A, G/F, Tung Fai House, Tai Hang Tung Estate, Shek Kip Mei, Kowloon, HK

or give securely at [www.hopeww.org.hk](http://www.hopeww.org.hk)



Simply by joining the 6th annual Great Santa Run, you will be helping kids who have special educational needs (SEN), like Zack. Registration begins in October. Details will be at [www.hopeww.org.hk](http://www.hopeww.org.hk) and [www.facebook.com/hopewwhk](https://www.facebook.com/hopewwhk).

## Volunteers for Seniors Day 2020

Be a corporate sponsor for one of the biggest volunteer events on a single day on January 12, 2020. Close to 3,000 volunteers will visit over a thousand elderly people. Whether it's cleaning homes or helping them fulfill a wish, you will be making wishes come true for all!

Contact Apple Chan at [applechan@hopeww.org.hk](mailto:applechan@hopeww.org.hk)

