

# Spotlight



The hope you are bringing. The lives you are changing.

Thank you for donating the masks to the desperate

There should be **enough** if we are willing to

share

Over the past few weeks, we have distributed the received masks to elderly centers, as well as elders who are living alone.

Most elders prefer to stay at home in order to save their limited stock of masks. A group of volunteers discovered that one elderly couple in their 90s visited the hospital without any mask, but fortunately, they were each given one by a kind nurse. Instead of disposing the used masks, they tried to dry them for reuse. After knowing their situation, the volunteers immediately gave them their own masks they had in their bags.

Let's show more concern and care to our elder neighbours as they may have difficulties finding the necessities.

Thank you again for the donations from different parties. Hope there will be more good news coming soon.





We also shared the surgical masks with some home service centres. Without any mask, the frontline staff were having difficulties delivering meals to the elders. These masks solved their urgent needs.













Elderly Day 2020

Elderly Day is an annual voluntary service event for the elders, providing different kinds of services before Lunar New Year for those whose age are 65 or above, living alone or with spouse.



No. of volunteers **2,840**No. of beneficiary **1,036**Accumulated voluntary hours **10,000** 

Total accumulated no. of beneficiary

#### **over 17,757 elders**

Fulfill a Wish Programme beneficiary

over 700 elders









an elder after officiating the kick-off ceremony.













### How difficult is it to have a meal with your family?

When a group of volunteers visited an elder and found out that she had not dined with anyone for Lunar New Year for several years, they decided to invite her to a volunteer's home for a meal. They had some happy time together, preparing



dumplings, eating "Poon Choi" and Chinese dumplings.

Just showing a bit of care can bring warmth to others.

#### The joy of being remembered

Ken and Winnie called the elder again after the Elderly Day and found out that she only had a few surgical masks left, unwilling to go out. The immediately couple delivered masks, disinfectants and some food to this old lady though they had only a few left. Grandma was very happy to see them again.

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To be remembered is the greatest feeling in life, beyond anything that could be brought about by material possessions.

#### Walk the extra mile

few university students brought a group of teenagers to clean up the home of a senior couple. One of them was a nurse student and noticed the aged husband could not move because of stroke. After finishing the cleaning works, he slowly helped the husband to sit up and did some simple



stretching exercises. He also taught the aged wife so that she could help her husband to do more exercises on her own.

The joy of walking the extra mile with someone is to see him go even further.

## Charity X Travel



"Good Trekker" brings you to the world's most intriguing cultures while simultaneously supports the needy in the local communities.

#### All donations will support:

HOPE worldwide (Hong Kong) to set up a non-profit elderly day care center,

HOPE worldwide (Kenya) to run a vocational training program for the youth living in the ghetto

#### Registration details and enquiries:

Email: amychiu@hopeww.org.hk Office: 2588-1291

Facebook Page: Good Trekker

In addition to travel expenses, each "Good Trekker" is required to raise HK\$6,000 or above for charity purpose.



#### Your donation means a great deal to the beneficiaries. Regular or particular donation through one of the following ways is welcome.

#### **PayMe**

**HOPE** worldwide

用 PayMe 一排即 Pay





#### **Deposit into HOPE** worldwide bank account

(HSBC 024-134090-003 or Bank of China 012-925-0-001839-8)

#### **Crossed cheque**

(Cheque payable to "HOPE worldwide", please send to HOPE worldwide office in Shek Kip Mei.)

worldwide

#### **HOPE** worldwide website

https://bit.ly/2UmiAVg



#### **Credit card**

(Please call HOPE worldwide for the application form.)

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