

The hope you are bringing.
The lives you are changing.



Delivering Warmth Over Decades

The 'Volunteers for Elderly Day' has been held since 1996, which mobilised compassionate volunteers to extend care to the elderly before Lunar New Year. Over the years, this initiative has cumulatively engaged over 60,000 volunteers, serving nearly 22,000 elders. It stands as the largest one-day elderly service in Hong Kong.

The 'Volunteers for Elderly Day 2025' was successfully held on January 12, 2025 with nearly 2,000 volunteers forming hundreds of teams to visit and serve approximately 1,000 seniors aged 60 or above across Hong Kong. Beneficiaries included recipients of Comprehensive Social Security Assistance (CSSA), solitary elders, and elderly couples. This year's ceremony had invited Dr. Leong

Che-hung, renowned surgeon and former Chairman of the Hospital Authority, and his wife Dr. Leong Fung Ling-ye as Guest of Honor. The event continued to receive staunch support from HOPE worldwide Ambassador, Mr. Cheung



Man-sun, along with veteran presenter, Ms. Chea Shuk-mui. They joined Mr. Chan Shek-ming, Chairman of Executive Committee of HOPE worldwide, and Mr. Chan Kam-tim, Lead Pastor of the Hong Kong Church of Christ, in officiating the Kick-off Ceremony. The guests subsequently visited the elderly residents living in the nearby public housing estate to show care and support to them.

The 2,000 volunteers were dispatched to visit and deliver gift bags to the elders living in the public housing estates and tenement buildings after the Ceremony. Additionally, some teams were arranged to visit two elderly residential care homes to engage frail residents in the afternoon activities, while others accompanied some elders for lunch and excursions to Disney Inspiration Lake. Furthermore, hundreds of volunteers assisted 48 elders to fulfill their modest wishes through the 'Fulfill a Wish' Program.



'Fulfill a Wish' Program

Several solitary elders who joined the 'Fulfill a Wish' Program this year were cancer patients or suffering from visual impairments. With the assistance and protection of volunteers, some wanted to go for sightseeing, or to enjoy a delicious meal, or to purchase Chinese herbs or health supplements, or to buy small household appliances, or to receive home cleaning services. In the weeks leading up to the 'Volunteers for Elderly Day 2025', different volunteer teams carefully planned the itineraries, assessed mobility limitations, and coordinated transportation routes. Their efforts aimed not only to fulfill the wishes but also to ensure these rarely go out elders experienced warmth and care, and enjoyed a day with good memories.

Delivering Warmth Through Nourishing Soup

Winter-time is a challenging season to most seniors, when many experience not only limb chilliness but also physical weakness due to poor blood circulation.

Grandma Kung lives alone. She recently struggled with morning breathlessness and mild flu symptoms. Instead of visiting a doctor for sweet cough syrups, she preferred to improve her pallid complexion and respiratory health through lung-nourishing soups. However, past experiences of being misled while purchasing Chinese herbs left her hesitate to shop alone. She yearned for companionship to visit the affordable herbal markets in Sham Shui Po.

Coinciding with a temperature drop on the 'Volunteers for Elderly Day', the volunteers sent a gift bag to Grandma Kung's home first before escorting her to Sham Shui Po. They assisted her in selecting appropriate ingredients and comparing prices diligently to secure cost-effective herbal supplies. Grandma Kung expressed profound gratitude for the volunteers' empathy and problem-solving dedication as they also devised alternative transportation to accommodate her respiratory constraints which prevented MTR travel.

We extend our heartfelt wishes for Grandma Kung's swift recovery and enduring health.

A beautiful cycle of mutual enrichment

Though Grandma Lo who is now 89-year-old, may not clearly recall signing up for the 'Fulfill a Wish' Program, her eyes lit up at the opportunity to enjoy an all-you-can-eat buffet featuring her favorite salmon sashimi. Despite living alone, Grandma Lo thrives in lively environments and maintains an active routine, frequently exploring new places with remarkable vitality.

Over the meal, she shared stories of resilience forged through life's trials. Several years ago, a traffic accident left her injured, but her disciplined rehabilitation through daily exercise restored her mobility. Her sharp mind and physical vigor defy conventional expectations of nonagenarians, embodying the rewards of structured living and perseverance of exercise.

Grandma Lo's warmth extends beyond her personal journey. Having shouldered familial responsibilities from a young age by financially supporting her family in the Mainland, she now enjoys regular visits from her loved ones. Her own history of volunteering comforting and advocating for fellow seniors deeply moved the volunteers.

All the volunteers reflected that Grandma Lo's optimism and joyfulness profoundly inspired their hearts, and they were the receivers rather than givers.

Small Acts with Profound Impact



This year's 'Volunteers for Elderly Day' had special significance for a group of volunteers. They opted for simpler initiatives like home visits and gift bag distributions in previous years due to their young children's needs. This year they joined the 'Fulfill a Wish' Program as they wanted to learn a serving heart. They organised a day trip for three elders to Nan Lian Garden and Chi Lin Nunnery. The itinerary also included guided stretching exercises and vegetarian lunch.

The elders expressed their joy for an outing and enjoying dim sum together. One of them, who usually relied on her sister for outdoor activities due to mobility challenges, had rarely ventured out recently as her sister also had difficulty in walking. Visiting new places with serene surroundings brought her immense happiness.

Another elder mentioned that moving around helped promote her blood circulation, and more importantly, reduced loneliness. Engaging in conversations with friends enhanced mental well-being, while connecting with nature allowed them to feel the vitality of life and improved their quality of living.

The elderly shared numerous life stories, giving the volunteers deeper insights into their experiences and wisdom. Seeing the elders basked in the sunshine with radiant smiles enhanced the volunteers' patience and empathy, while also reminding them to cherish moments spent with family and friends.

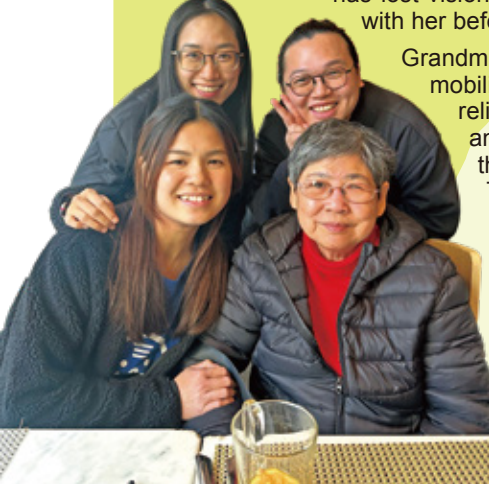


Blindness Has Not Hindered the Heart to Keep Learning

It is easy for one to dine out through making a phone reservation. Imagine how challenging it can be for a visually impaired elder to dine out. On 'Volunteers for Elderly Day', several volunteers arrived early at the home of Grandma Han, who has lost vision in her left eye. They delivered a gift bag and chatted with her before accompanying her to a buffet restaurant.

Grandma Han is a foodie. Due to her visual problem and limited mobility, she needs a walker or cane to walk. She usually relies on friends or church fellows to accompany her for any outdoor activity. This time, she was deeply grateful to the volunteers for fulfilling her wish to enjoy a buffet. Though illiterate, Grandma Han remains curious and outgoing, constantly learning new skills. After mastering the functions of smartphone, she begins browsing YouTube to learn to cook new dishes, satisfying her passion for food.

During the outing, Grandma Han shared cherished photos of her younger days with family and a booklet lovingly crafted by her church friends during her baptism. She radiates joy and often expresses heartfelt gratitude, though she lives alone and can only maintain a simple life. The volunteers unanimously shared how moved they were to bring her a day of happiness, finding the experience equally rewarding for themselves.

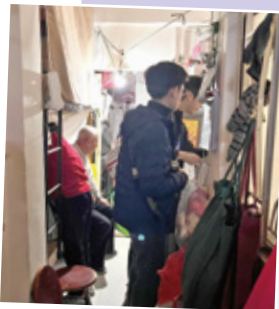


Hearing Your Needs

Uncle Tam and his wife have married for over 55 years. Although theirs was an arranged marriage, they are still very affectionate towards each other. They are now relying on social assistance and the Old Age Allowance for their living and occasionally queue for free meal boxes. All their relatives are living in Mainland China. Despite their humble living conditions, the couple maintains a grateful heart, which has inspired the volunteers to review their own fortunate circumstances.

Uncle Tam studied hard during his childhood and later became a respected renovation craftsman, earning the nickname 'Master Tam'. He had experienced three strokes, which affected his mobility. They live in an old building, but fortunately, he can still manage to slowly navigate the stairs. For over a decade, severe hearing loss had isolated him until thoughtful volunteers gifted him a hearing aid. When it was first connected, the typically reserved Uncle Tam exclaimed loudly, "I can hear! It's so clear!" Overflowing with gratitude, he began chatting with volunteers, even exchanging names to build personal connections.

Their simple wish was merely to enjoy dim sum and stroll with the young volunteers. Yet when the volunteers noticed the couple's worn-out shoes which had been unchanged for 5 to 6 years, they immediately took them to a shoe store. Each received a new pair of shoes, allowing them to welcome the Lunar New Year with joy.





Invisible but perceptible

Grandma Yung lost her sight 10 years ago due to an eye condition and is relying on a cane when moving around. She lives alone in Kwai Chung and barely goes out due to her physical constraints. She particularly wanted to tour in the Hong Kong Island when she joined the 'Fulfill a Wish' Program.

To fulfill her wish, the volunteers carefully planned a one-day itinerary. Considering her mobility issues, they first picked her up by private car from her home to the Happy Valley tram terminus, where they all enjoyed a tram ride from Happy Valley to Central.

To facilitate Grandma Yung's understanding of the surrounding, a volunteer, Wilbert, provided audio navigation, giving her detailed descriptions of the beautiful scenery along the way. Coincidentally, Wilbert is a radio program host, and Grandma Yung turns out to be one of his loyal fans. Meeting a familiar face in an unfamiliar place added an extra sense of warmth during this trip. The long-awaited outdoor trip was accompanied by a gentle breeze, which made Grandma Yung particularly joyful, and her excitement was evident.

They then shared a delicious lunch at a restaurant, chatting about interesting stories while savoring the unique flavors of traditional dishes. After that, they visited the newly renovated Central Market and took photos at famous spots. Before heading home, they reached the waterfront near Central, where they could gaze at the spectacular ferris wheel. Grandma Yung's smile shone like sunshine in the bustling Central area. The volunteers felt deeply gratified to fulfill her long-awaited tour of Central.



A Trip to Inspiration Lake Recreation Centre

The volunteers were busy to serve during the 'Volunteers for Elderly Day'. In addition to home visits and the 'Fulfill a Wish' Program, nearly 100 volunteers had lunch with 30 elders aged 70 to 95 and took them on an excursion to the Inspiration Lake Recreation Centre. Among these elders, some were visually impaired or wheelchair dependencies. Laughter echoed along the way as the volunteers shared stories with the centenarians.



Elderly Home Visits

Another team of approximately 180 volunteers split into two groups to visit two elderly care homes including Madam Ho Sin Hang Home for the Elderly in Hong Kong Island and Po Leung Kuk Shek Mun Home Cum Day Care Centre for the Elderly in New Territories. Nearly 100 elderly residents were served at each facility.

The volunteers meticulously organised activities such as games, musical performances, singing, and crafting velvet potted plants. Some volunteers chatted with bedridden seniors at their bedside or collaborated with them to create auspicious calligraphy for blessings, ensuring even those confined to beds could participate. A highlight was volunteers dressing up as the 'Four Great Talents' to sing and play games with the elderly, filling the homes with laughter and joy.





Aiming to Make Aging in Place Accessible for All

The Elderly Exercise and Day Care Center in Prince Edward has continuously expanded its services to support the elderly safely aging at home. We have recently launched three specialised volunteer teams which are 'Decluttering and Cleaning Team', 'Home Repair Volunteer Team', and 'Stairlift Assistance Team'.

These teams target critical challenges faced by elderly residents aged 60 or above, particularly those living alone or as couples in Sham Shui Po, Prince Edward, and Yau Tsim Mong. HOPE worldwide invites volunteers to join these initiatives and contribute to building a more supportive community.



QR code for
volunteer
registration:

HOPE worldwide 家居維修義工隊 招募



長者需要你的幫忙

服務內容: 提供家居或水電維修服務, 改善長者的生活質素

技能: 懂得刮底批灰髹油、持水電牌照、及有維修經驗更佳

立即
加入

HOPE worldwide 斷捨離清潔小隊 招募



「斷」等於斷絕不需要的東西；
「捨」指捨棄多餘的物品；
「離」則脫離對物品的執着。

立即加入清潔小隊

協助有需要的長者
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行動不便，居住在沒有升降機的高層，
這些願望似乎變得遙不可及，但是否真的如此？
他們需要你的幫助！

立即
加入

學習使用樓梯機培訓
工作坊

Community Care Service Voucher Scheme for the Elderly (CCSV)

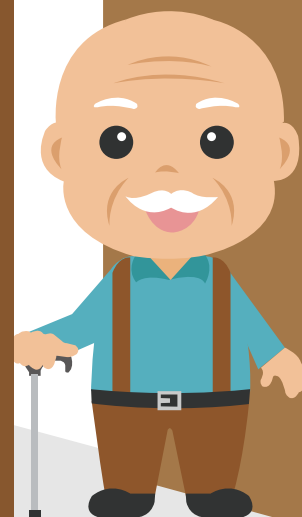
HOPE worldwide is an accredited provider of community care services for the elderly under the Social Welfare Department. In addition to our newly established day care center, we dispatch professional or auxiliary staff to deliver doorstep services tailored to individual needs.

Any elderly aged 60 or above who require long-term care, have chronic illnesses, are mobility-impaired, or have been assessed by the Standardised Care Needs Assessment Mechanism for Elderly Services as suitable for community-based or residential care services may apply for our home-based services using the Community Care Service Voucher for the Elderly.

We offer door-to-door services, including meal delivery, medical escort, rehabilitation therapy, nursing services, personal care, home cleaning, speech therapy, and more.

The service areas are spanning from Sham Shui Po to Tsim Sha Tsui. The current voucher value is HK\$10,455 per month. Co-payment ranges from 5% to 40% of the voucher amount, depending on the applicant's declared assets. The participants may select service packages tailored to their needs.

For details, please contact us at Tel: 2633 3163, or Whatsapp 5786 1383.



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